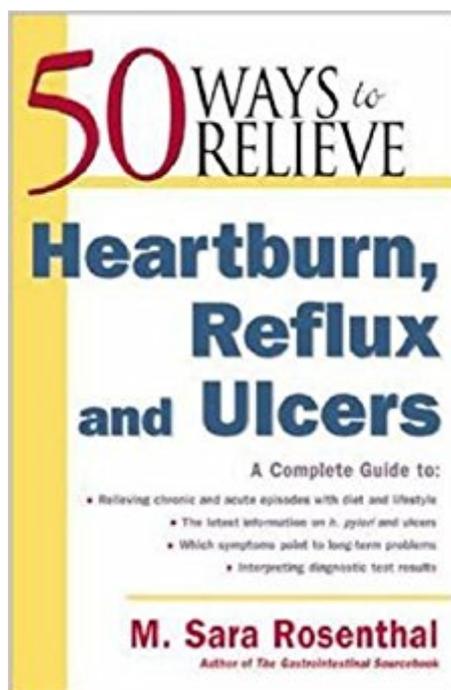


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50 Ways To Relieve Heartburn, Reflux And Ulcers



Synopsis

At sometime in their lives, as many as 70 percent of Americans will suffer from gastrointestinal disorders. *50 Ways to Relieve Heartburn, Reflux, and Ulcers* is a quick and easy volume that offers 50 solutions to chronic and acute gastrointestinal episodes. Includes information on symptoms, treatments, and management techniques as well as an evaluation of major over-the-counter medications. Also provides the latest information on *h. pylori* and ulcers.

Book Information

Series: 50 Ways

Paperback: 192 pages

Publisher: McGraw-Hill; 1 edition (May 7, 2001)

Language: English

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ISBN-13: 978-0737304725

Product Dimensions: 5.4 x 0.5 x 8.1 inches

Shipping Weight: 8.5 ounces

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #3,839,563 in Books (See Top 100 in Books) #97 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Ulcers & Gastritis](#) #1102 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Abdominal](#) #46013 in [Books > Health, Fitness & Dieting > Alternative Medicine](#)

Customer Reviews

It is OK. It contains good info. But the info I could get from web. But it is handy.

Very Nice Book good information

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Stomach Acid Is Good for You: Natural Relief from Heartburn, Indigestion, Reflux and GERD
Heartburn and Reflux For Dummies The Acid Reflux Escape Plan: Two Weeks to Heartburn Relief
The 30 Day Heartburn Solution: A 3-Step Nutrition Program to Stop Acid Reflux Without Drugs The
Complete Guide To Digestive Health: Plain Answers About Ibs, Constipation, Diarrhea, Heartburn,
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Now: The Four Week Plan to Heal Heartburn, Ulcers, Colitis, IBS and More The Healthy Gut
Workbook: Whole-Body Healing for Heartburn, Ulcers, Constipation, IBS, Diverticulosis, and More
(The New Harbinger Whole-Body Healing Series) Stomach Pain Relief at Last: Natural Remedies
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Stomach Health Gastrointestinal Health Third Edition: The Proven Nutritional Program to Prevent,
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Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ... Pancreatitis, Cirrhosis,
Hernias and more by Miskovitz M.D., Paul, Betancourt, Marian [Wiley,2005] [Paperback] The
Doctor's Guide to Gastrointestinal Health: Preventing and Treating Acid Reflux, Ulcers, Irritable
Bowel Syndrome, Diverticulitis, Celiac Disease, Colon ... Pancreatitis, Cirrhosis, Hernias and more
Ulcers and Acid Reflux: From the Patient's Perspective Dr. M's Seven-X Plan for Digestive Health:
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